

Influence your child by your example

- ✓ Inspire your child by striving for excellence in the things you do.
- ✓ Mentor your children so they will know true manhood.
- ✓ Admit to your mistakes and let them see you are human.
- ✓ Teach your values and life skills through example.



Talk to your child

- ✓ Talk openly and honestly with your child about premarital sex, drug and alcohol abuse and other risky behaviors.
- ✓ Share with your child about your own mistakes and how they affected you.
- ✓ Tell your children how much you love them.
- ✓ Listen to your child attentively.

Educate yourself

- ✓ Learn what is realistic to expect of your children at each stage in their development. Avoid pushing them to do something that is beyond their capability.
- ✓ The art of parenting is constantly changing. Keep abreast of the new techniques and trends.
- ✓ Become the expert on your children. Know everything there is to know about them.
- ✓ Understand you matter in your child's life.



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DYNAMITE DAD



For children, the relationship with their father can be explosive. It can shatter their hearts into a million pieces or launch them into orbit, rocketing them on to success. To blast your child into orbit means being actively engaged with him or her starting from birth. But don't worry if you are getting a late start, you'll be amazed at how your love will affect your child. Daddy Love is a love like no other. When kids get that kind of love they tend to be more confident, secure, have a good self-image and a stronger connection with you. So what makes a Dynamite Dad? The following is a launching pad to get you started.



Devote yourself to your family

- ✓ Determine that nothing is more important than your family and make them your top priority.
- ✓ Accept your responsibility to provide for and prepare your family for life and all of its challenges.
- ✓ Weigh your own wants and desires against the impact those things will have on your family.
- ✓ Navigate your family through tough territory.
- ✓ Affirm your love for your family constantly.



Yearn to be a great dad

- ✓ Being a Dynamite Dad doesn't mean you're perfect. Your child will benefit from your effort to be great.
- ✓ Even if you are away from your children, always let them know how much you care.

Nurture your children and provide a loving foundation for growth



- ✓ Discipline your child with love and fairness.
- ✓ Believe in your child, especially during the tough teenage years.
- ✓ Discover the best ways to guide your child. Children are people too and they are motivated in different ways.
- ✓ Discuss your children's fears and challenges as well as their dreams and aspirations. Let them know you will help them overcome challenges and achieve their dreams.
- ✓ Acknowledge the individual giftedness of your child.
- ✓ Train your child to be responsible, mature, caring and dutiful.
- ✓ Minimize negative and critical remarks. Make sure your praise outweighs your criticism.
- ✓ Intentionally seek out ways to praise your child daily.

Appreciate your child's mother openly and often

- ✓ Show your child what it means to be committed to another person.
- ✓ Support your wife in her role as mother. Acknowledge how different her parenting style is from yours.
- ✓ Conflict is inevitable. Seek to develop good problem-solving skills with your wife. Remember your children are watching.
- ✓ Show your daughter how she should expect to be treated by a man and show your son how to love a woman.

Make an effort to insert yourself into your child's life

- ✓ Be intentional about being in relationship with your children.
- ✓ Give individual attention to your child regularly.
- ✓ Give lots of hugs and kisses.
- ✓ Introduce new adventures and activities, but allow your children room to pursue their own interests.
- ✓ Take time out to talk one-on-one with your child every day.
- ✓ Find a common interest with your teen and work hard to stay connected.